## Curriculum Planning PSHE/ RSHE 2021-2022



Whole	AUTUMN		SPRING		SUMMER	
School Topic	Caring & Sharing					Caring for our World
	Once upon a time	Happy Birthday to you	Dear Zoo	Who puts colours in the rainbows?	Old McDonald had a farm	All around the World
Nursery	Journey In Love – Social & Emotional RSHE – I am me – we are special Good feelings, Bad feelings		Journey In Love – Physical RSHE – Growing Up (Life Cycles) Keeping Safe		Journey In Love – Spiritual RSHE –Keeping Safe Me, You Us	
,	Being Kind That's not how you do it It's OK to be different		Personal Relationships The judgemental Flower – Valuing difference of others		Mommy, mamma and me – Celebrate my family	
	Be good to	People who cared	Animals came in 2	The colour	What the ladybird	Tickets please!
	yourself	who made a difference	by 2!	monster	heard!	nekels piedse.
	Journey In Love – Social & Emotional RSHE – I am me – we are special		Journey In Love – Physical RSHE – Growing Up (Life Cycles)		Journey In Love – Spiritual RSHE –Keeping Safe	
Reception	The Big Hair swap Good feelings, Bad feelings Positive Friendships You Choose – Say what I think		Keeping Safe Personal Relationships Blue Chameleon – It's good to be friends with someone different		Me, You Us The family Book – Understand that all families are different Mommy, mamma and me – Celebrate my	
	It's OK to be different  No difference between Us – gender		My mouth is a volcano – respecting others		family	
	equality, respectful relationships, tolerance, acceptance.				The state of the s	

	Be good to	People who cared who made a	The great fire of London	How have seaside	Is any place on Earth too hot or cold
	yourself	difference		holidays changed?	for animals to live
Year 1	Journey In Love – Social & Emotional RSHE –Who we are matters and what we do matters Saying sorry, Physical Health & Fitness, Healthy eating, Elmer – Like the way I am Picnic In Park – Understand families are different That's not how you do it – Accept people are different Ten Little Pirates – all genders have equal value No One else like You – Celebrating difference		Journey In Love – Physical RSHE – Personal Relationships Keeping Safe My Grandpa is amazing Recognise people of all ages are valued and special Max the champion – Understand our bodies work in different ways I just don't like the sound of "No" – understanding we have different opinions Science innovation	Journey In Love – Spiritual RSHE –Living In the Wider World Who is my neighbour – Diversity, Equality, Community My World, Your World – Understand we share the world with lots of different people Penguin Polly – My voice matters That's not what I saw – Accept people have different ways Science – Animals including humans Plants/Living things	
	Science – Animals including humans What materials would make Aviator attire?				
	Amazing me!	People that changed the way we live today	Back in the 1800s	Wonderful weather around the world	Treasuring our World
Year 2	Journey In Love – Social & Emotional RSHE - RSHE - Who we are matters and what we do matters Physical Health & Fitness, Healthy eating, Penguin Polly – How to start a conversation The Big Book of Families – Explore diversity Introducing Teddy – Having different friends The first Slodge – understand we share the world Science – Animals including human body		Journey In Love – Physical RSHE – Me, my body, my health, Emotional Wellbeing What the Jackdaw saw – We communicate in different ways The Odd Egg – Understand what makes me proud Just Because – Being proud to be different Science innovation Science inventors	Journey In Love – Spiritual RSHE –Living In the Wider World Diversity, Equality, Community The Cycle of Life Blown Away – Be able to work with everyone in class Picnic In the Park – Families can be different Who we are – exploring difference Let's Talk about you and me – value and respect	

	Aspiring to inspire	The Mayans	Stone age to Iron Age	Tornados, Tsunamis and Torrential Rain.	What is the problem with Earth?
Year 3	Journey In Love – Social & Emotional RSHE – Being Unique Life Cycle Making the right choice Physical Health & Fitness, Healthy eating, Perfect Square – Develop skills in resilience Oliver – Understand how difference can affect someone This is our house – understand impact of discrimination Science – Animals including human body Science Forces & Magnets		Journey In Love – Physical  RSHE – Personal Relationships, Keeping Safe, Health Choices Big Bob, Little Bob – Use my voice Nanny Fox – Be honest about myself and know how to speak up  Something Else – Speak up if someone feels like an outsider Two Monsters – Where do problems start The Hueys in the New Jumper – Helping someone who may seem different Science – Rocks Science - innovation & invention	Journey In Love – Spiritual  RSHE –Supporting Others  Living In the Wider Community harmful substances  Beegu – How to be welcoming Rosie Revere, Ada Twist, Gender equality Stellaluna – Triumphing over adversity and different able bodies Pearl Fairweather –The prevention of violence, respectful relationships – equality Annies Plaid Shirt – Tolerance & self esteem Science –Light & Plants	
	Free at last	The Rotten Romans	Myths and legends	Anglo Saxons & Scots	Who is causing the problem on Earth?
Year 4	Journey In Love – Social & Emotional RSHE – Proud to be me Positive Friendships, Cyber Safe Me, my body, my health Physical & Mental Health & Fitness, Healthy eating, We are all born free – Diversity and Human Rights The Cow who climbed a tree – How to be assertive Dogs don't do ballet – know how to be heard King & King – Why do people get married The story of Ruby Bridges – Equality & racism Science –Animals including Humans Science innovation& inventors		Journey In Love – Physical RSHE – Me, my health, my body Changing adolescent body Emotional Wellbeing Are you a boy or a girl – consideration of using pronouns The Way back home – overcome language as a barrier The flower – knowing when to ask questions Misery Moo – how does my behaviour and mood affect others Emmanuel's Dream – Different able bodies The colour thief – living with depression Science –Sound & electricity States of matter	Journey In Love – Spiritual RSHE –Helping others Living in the wider world harmful substances  The best cow n the show – speak up fo others A crayons story – to be happy with who am Leaf – overcome fears about difference The Girkl who thought in pictures – gend equality and ability equality Science innovation Science inventors Science –Light & plants	

Year 5	My community and me	The invaders (Vikings to Visitors)	Ancient Egyptians	From Earth to the star	s – Our extreme world
	Journey In Love – Social & Emotional RSHE –What is faith Respect & Honesty Me, my body, my health Physical Health & Fitness, Healthy eating, Changing adolescent body Two of everything – Sharing problems Where the poppies grow – learning from past Rose Blanche & How to steal a dog – justify my actions Science – Animals including humans		Journey In Love – Physical RSHE -Personal Relationships Keeping Safe The Red Tree – Hope The Cow who climbed a Tree – how to exchange dialogue Misery Moo – Be aware of how my behaviour affects others Science inventors Changes in materials	Journey In Love – Spiritual RSHE – Created to live in a community (Living in the wider world) Science –Forces Science Earth & Space Science innovation Science – living things and their habitats  Basic First Aid	
Year 6		ountry, Our World	To boldly go! The Indus Valley to – surviving the Antarctic?	White Cloud – A great leader?	How do we help the world we live in?
	RSHE –Trus Physical Health eating, drugs, a Changing ac Science – Anima	ove – Social & otional of & Courage Me & Fitness, Healthy Icohol & tobacco, dolescent body als including human ody Electricity	Journey In Love – Physical RSHE - emotional wellbeing Making good choices Keeping Safe Basic First Aid Science – Evolution & inheritance	Journey In Love – Spiritual RSHE –Being a positive force in the community (Living in the wider world Science – living things and their habitats Science innovation Science inventors	